

UROLOGICAL CONSULTANTS OF FLORIDA, P.A.



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PREOPERATIVE GUIDE & EXPECTATIONS

Himplant® Penile Girth Enhancement Procedure

This guide has been prepared for patients traveling to Miami to undergo the **Himplant® penile girth enhancement procedure** with **David Robbins, MD** at **Urological Consultants of Florida**. It is designed to clearly outline expectations, preparation requirements, travel planning, and postoperative care so you can approach your procedure with confidence and excitement.

The Himplant® procedure represents an advanced, surgically implanted solution for men seeking **long-lasting, natural-appearing penile girth enhancement** performed by an experienced, board-certified urologist.

ABOUT THE HIMPLANT® PROCEDURE

The Himplant® is a surgically placed, custom-designed implant that enhances penile girth while preserving natural appearance, sensation, and function. Unlike temporary fillers, the Himplant® offers **long-term structural enhancement** without the need for repeated treatments.

Key benefits include: - Long-lasting girth enhancement - Natural aesthetic contour - Concealed placement beneath penile tissues - High patient satisfaction when performed by an experienced surgeon

Dr. Robbins has extensive experience in male reconstructive and aesthetic urology and performs the Himplant® using meticulous surgical technique focused on safety, symmetry, and optimal cosmetic outcome.

SURGICAL LOCATION

Your procedure will take place at:

New Face Aesthetics & Medical Center

Miami, Florida

14432 Biscayne Boulevard

North Miami Beach, Florida 33181

Phone: **305-848-0008**

Website: <https://newfacemd.com>

This is a modern, accredited surgical facility equipped to provide a safe, comfortable operative experience.

PREOPERATIVE MEDICAL REQUIREMENTS

To ensure maximum safety, all patients must complete a standard preoperative medical evaluation.

Required Testing (within 30 days of surgery unless otherwise specified):

- Complete Blood Count (CBC)
- Comprehensive Metabolic Panel (CMP)
- Coagulation Panel (PT/INR, PTT)
- Chest X-Ray
- Electrocardiogram (EKG)

Medical Clearance

- Written medical clearance from your **Primary Medical Doctor (PMD)** stating you are medically fit for surgery and anesthesia

All results must be submitted to Urological Consultants of Florida **prior to scheduling or final surgical clearance.**

TRAVEL & LENGTH OF STAY REQUIREMENTS

Patients traveling to Miami should plan accordingly:

- **Arrive in Miami at least one day prior** to surgery
- **Remain in Miami for 3–4 days after surgery**

This postoperative stay is essential to closely monitor early healing - Perform drain removal if applicable - Conduct wound checks - Address questions or concerns directly with Dr. Robbins and his team

Flying home too early is strongly discouraged.

POSTOPERATIVE CARE & EXPECTATIONS

Following your procedure:

- Mild to moderate swelling and bruising are expected and temporary
- Activity restrictions will be clearly outlined
- Pain is typically manageable with prescribed medications
- Drains (if placed) are removed during your postoperative visits

You will receive **detailed written postoperative instructions**, and our team remains available throughout your recovery process.

Most patients feel comfortable resuming light activities within days, with a gradual return to full activity as directed by Dr. Robbins.

ACCOMMODATIONS – RECOMMENDED HOTELS

We recommend selecting accommodations close to the surgical facility for convenience and comfort.

★★★★★ Five-Star Options

- **JW Marriott Miami Turnberry Resort & Spa**
19999 W Country Club Drive, Aventura, FL 33180
Phone: **786-279-6800**
- **Four Seasons Hotel at The Surf Club (Surfside)**
9011 Collins Avenue, Surfside, FL 33154
Phone: **305-381-3333**
- **St. Regis Bal Harbour Resort**
9703 Collins Avenue, Bal Harbour, FL 33154
Phone: **305-993-3300**

★★★★ Four-Star Options

- **Hilton Miami Aventura**
2885 NE 191st Street, Aventura, FL 33180
Phone: **786-782-3500**
- **AC Hotel by Marriott Miami Aventura**
20805 Biscayne Boulevard, Aventura, FL 33180
Phone: **786-840-6300**
- **Residence Inn by Marriott Miami Aventura Mall**
19900 W Country Club Drive, Aventura, FL 33180
Phone: **786-528-1000**
- **Grand Beach Hotel Surfside**
9449 Collins Avenue, Surfside, FL 33154
Phone: **305-538-8666**

★★★ Three-Star Options

- **Courtyard by Marriott Miami Aventura Mall**
2825 NE 191st Street, Aventura, FL 33180
Phone: **786-243-1000**
- **Best Western Plus North Miami / Bal Harbour**
12210 Biscayne Boulevard, North Miami, FL 33181
Phone: **305-892-2550**
- **Residence Inn Miami Beach Surfside**
9200 Collins Avenue, Surfside, FL 33154
Phone: **305-972-0044**

Our staff is happy to assist with location guidance if needed.

WHY CHOOSE DR. DAVID ROBBINS FOR HIMPLANT®

- Board-certified urologist with advanced reconstructive training
- Extensive experience in male aesthetic and implant surgery
- Personalized surgical planning
- Focus on safety, discretion, and optimal cosmetic outcomes

Patients consistently report high satisfaction and confidence following the Himplant® procedure when performed under expert care.

NEXT STEPS

If you are considering proceeding with the Himplant® procedure:

1. Complete your medical testing and clearance
2. Coordinate travel dates with our office
3. Review all pre- and postoperative instructions
4. Arrive prepared, informed, and excited about your transformation

For questions, scheduling, or assistance with planning, please contact:

Urological Consultants of Florida

Phone: 305-672-4222

Address: 12411 Biscayne Boulevard, North Miami, Florida 33181

WHAT TO EXPECT: DAY-BY-DAY OVERVIEW

Day -1 (Arrival in Miami)

- Arrive in Miami and check into your hotel
- Light meals and hydration recommended
- Review preoperative instructions and medications

Day 0 (Surgery Day)

- Procedure performed at New Face Aesthetics & Medical Center
- Same- day discharge in most cases
- Initial swelling and mild discomfort are expected

Post- Op Days 1–3

- Daily follow-up and monitoring as directed
- Drain removal and wound checks as applicable
- Gradual increase in light activity

Post- Op Day 3–4

- Final postoperative evaluation
 - Clearance for return travel home
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TRAVEL CHECKLIST

Before traveling to Miami, please ensure you have: - Completed all required labs and medical clearance - Arranged accommodations for 3–4 nights postoperatively - Loose-fitting underwear and clothing - Prescribed medications filled in advance - Reliable transportation for postoperative visits

FREQUENTLY ASKED QUESTIONS (FAQ)

Is the Himplant® procedure safe?

Yes. When performed by an experienced, board-certified urologist, the Himplant® procedure has an excellent safety profile. All patients undergo thorough preoperative screening.

Will this affect sensation or function?

The implant is designed to preserve natural sensation, erectile function, and appearance.

How discreet is the recovery?

Recovery is highly discreet. The implant is concealed beneath tissue, and postoperative care is handled privately.

What is the recovery time?

Most patients resume light activity within days, with gradual return to normal activity as directed.

INFORMATION FOR PARTNERS / SPOUSES

Partners often play an important role in recovery. The Himplant® procedure is designed to enhance confidence while maintaining natural intimacy and function. Temporary swelling and activity restrictions are expected but resolve with healing.

VIP CONCIERGE-STYLE CARE OPTION

For patients seeking an elevated experience, concierge- level coordination may include:

- Priority scheduling
- Enhanced postoperative support
- Assistance with hotel selection and transportation planning

Please inquire with our office if this level of service is desired.

IMPORTANT LEGAL & MEDICAL NOTICE

All surgical procedures carry inherent risks. Individual results vary, and no specific outcome can be guaranteed. By proceeding, patients acknowledge understanding of risks, benefits, alternatives, and postoperative responsibilities. Detailed informed consent will be reviewed and signed prior to surgery.

This document is intended for educational and informational purposes only and does not replace individualized medical consultation. Final surgical candidacy and outcomes depend on individual evaluation.